



the treebridge

# Gluten free menu

## Starters

Gambas – garlic butter king prawns, spring onions, chilis & cherry tomatoes, G.F bread £10.50

Creamy garlic mushrooms on G.F toast (v) £8.50

Deconstructed prawn & smoked salmon salad, Miami cocktail sauce £10

'Grazer' – G.F bread, olives, hummus (ve) £8 **add halloumi + £1**

Halloumi fries, dressed rocket, chili dip (v) £9

Potato skins, garlic mayo, bbq or chili dip (v) £8

Steamed Scottish mussels, white wine & garlic cream £11 **main course size with skin on fries £17**

## Main Course

Pan fried chicken breast, sauteed mushrooms, rocket & red onion garni, proper chips £16.50  
**add peppercorn sauce or garlic cream £4**

8oz Fillet steak, sauteed mushrooms, rocket & red onion garni, proper chips £36  
**add peppercorn sauce or garlic cream £4**

Treebridge Gourmet Burger - steak mince burger topped with crispy bacon, confit onions, monterrey jack cheese, lettuce, tomato & homemade burger sauce, G.F bun, served with skin on fries £17  
**make it a double + £2.50**

Pan fried seabass fillets, cheddar & spring onion potato cake, buttered samphire, sambuca & chive cream £22

10-hour Daube of beef, smoked mashed potato, roasted carrots, rich red wine & thyme jus £21

Mexican style mixed bean & chickpea chilli, avocado & red onion salsa, steamed rice (ve) £16

Slow cooked red pepper & mushroom stroganoff, served with steamed rice or proper chips (v) £16 (v)  
half chips, half rice + £1 **add chicken £2**

## Sides

Proper chips £4

Hot Shot fries £7

Skin on fries £4

Halloumi fries (6) £9

Garlic butter king prawns (5) £8

Buttered greens £4.50

Dressed salad £4

Sautéed mushrooms £3.50

Pepper sauce £4

Garlic cream sauce £4

Dip - Garlic /Chili £1

**Please be aware, although all ingredients on this menu do not contain gluten, any items cooked in our fryers cannot be guaranteed to be gluten free, as items that contain gluten are also cooked in these fryers. Please ask your server for alternative options.**

**Some of our dishes may contain allergens. Please inform a member of our team in advance of placing your order of any allergies**